

WEEK COMMENCING

V – Vegetarian
VE – Vegan

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Butter Chicken Curry, Served with Pilau Rice & Tomato, Red Onion & Coriander Salad

WEDNESDAY

Lemon & thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Mexican Style Beef & Tortilla Lasagne

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

WEDNESDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Veg (V)

THURSDAY

Smokey Plant Based Chilli, Served with Rice, Nachos & Corn (VE)

FRIDAY

Jamaican Squash Pasty Served with Sweet Chilli Sauce & Chunky Chips (VE)

DESSERTS

MONDAY

Syrup Sponge with Vanilla sauce

TUESDAY

Apple Strudel & Custard

WEDNESDAY

Chocolate Sponge & Chocolate Sauce

THURSDAY

Pear & Cocoa Sponge

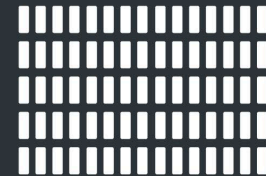
FRIDAY

Fruit, Jelly & Yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

TUESDAY

Chicken Yakitori with Rice

WEDNESDAY

Loaded Potato Skins

THURSDAY

Garlic & Lemon Chicken Gyros

FRIDAY

NATURALLY



MONDAY

Pakistani Tarka Dhal (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Vegan Ramen Bowl (VE)

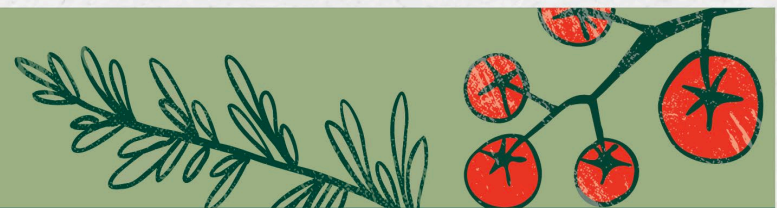
THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Tomato & Basil Pasta

FRIDAY

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



WEEK COMMENCING

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13/01/2025 03/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Loaded Mac n Cheese with a Selection of Toppings, House Salad & Garlic Bread

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Kung Pao Chicken, Served with Egg Fried Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Roasted Squash & Feta Pie, Served with Seasonal Vegetables or Salad (V)

THURSDAY

Goan Potato & Spinach Curry, Served with Rice, Kachumber Salad & Mango Chutney (VE)

FRIDAY

Vegan Onion Bhaji Burger, Served with Slaw, Chips & Peas (VE)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

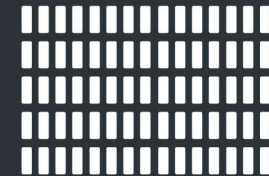
FRIDAY

Fruit, Jelly & yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Terriyaki Chicken Wings with Chahan Rice

TUESDAY

Korean Fried Crispy Chicken

WEDNESDAY

Chipotle Chicken Chimichanga

THURSDAY

Mei Goreng Indonesian Fried Noodles

FRIDAY

NATURALLY

MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

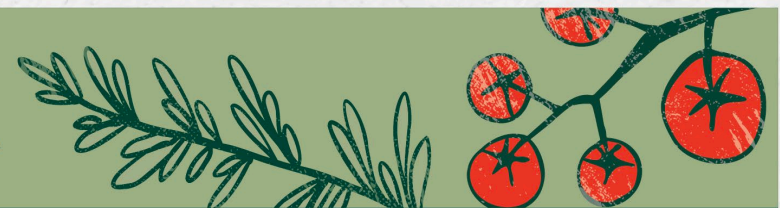
THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza

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WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

V – Vegetarian
VE - Vegan

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Beef Bolognese with Wholegrain Pasta & House Salad

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden Salad

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Makhani Curry with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Plant Based Bolognese with Wholegrain Pasta & House Salad (VE)

TUESDAY

Smokey Bean & Vegetable Pasta Bake (VE)

WEDNESDAY

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

THURSDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

FRIDAY

1/4lb Quorn Burger with Ranch Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Banana Pudding and Custard

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Sticky Toffee Pudding with Caramel Sauce

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

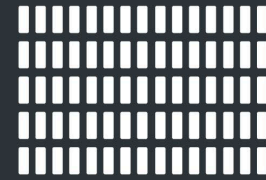
FRIDAY

Fruit, Jelly & Yoghurt Pots

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HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Loaded Mediterranean Street Cart Wedges

TUESDAY

Chicken Yakitori with Vegetable Rice

WEDNESDAY

Korean Fried Crispy Chicken

THURSDAY

Chinese Style Vegan Noodle (VE)

FRIDAY

NATURally



MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

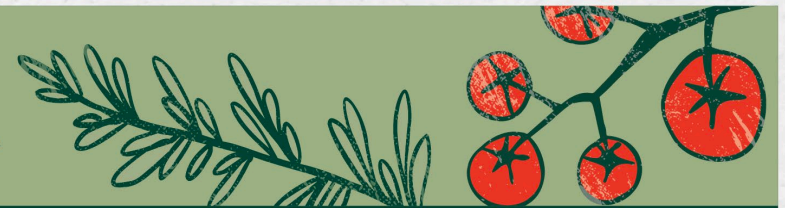
THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

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WEDNESDAY

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza

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